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## **Transcript - Introduction to Comprehensive Suicide Prevention for Campuses**

Hello! We're here on behalf of the Campus Suicide Prevention Center of Virginia. If you aren't already familiar with our office, we serve all institutions of higher education in the Commonwealth by providing education, consultation, training, and resources to prevent suicide and promote emotional well-being among all members of the campus community. Our services are free of charge, so please contact us. We're here to support you!

Today, we want to talk with you about planning for comprehensive campus suicide prevention and why you should consider doing this for your campus.

What would a campus with zero suicides among students look like?

It would be a campus dedicated to promoting mental health and emotional wellness among all of its students, not just identifying and treating those in distress.

It would be a campus where we think about and plan for future crises, rather than reacting to situations and challenges as they occur.

It would be a campus where every student feels safe, valued, and included, and as a result, can focus their attention on growing academically and personally as well as contributing to the good of the community.

It would be a campus where all offices and groups work together, communicate with one another, and have a common mission of caring for those in its community. From residence life to financial aid, academic affairs to campus security, public relations to the counseling center, the registrar's office to campus ministry, and health services to student organizations - every office, organization, and individual has a responsibility to contribute to a culture of emotional wellness.

It would be a campus where students learn how to create lives worth living.

Does that sound like the kind of campus you want to be a part of? We thought so.

Then we probably have some work to do.