

A **comprehensive, public health** approach to suicide prevention requires a combination of the following strategies:



USING A COMPREHENSIVE, PUBLIC HEALTH APPROACH WE HELP CAMPUSES:

- ◆ Develop interdepartmental campus leadership
- ◆ Use data to guide planning and evaluation
- ◆ Define problems and establish priorities
- ◆ Utilize Best Practice principles and programs
- ◆ Enhance mental health and wellness for the entire campus community

For more information on the use of this model or best practices in suicide prevention visit:

THE SUICIDE PREVENTION RESOURCE CENTER
www.SPRC.org

**SERVICES ARE FUNDED THROUGH
 A PARTNERSHIP OF:**

The Division of Injury and Violence Prevention
 at the Virginia Department of Health



The Office of Behavioral Health Wellness at the
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The Institute for Innovation in Health and
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The Substance Abuse and Mental Health
 Services Administration



**The Campus Suicide
 Prevention Center
 of Virginia**



**Reducing Risk for Suicide
 in Virginia's College and
 University Communities**

CampusSuicidePreventionVA.org

"We are on a treadmill to nowhere if all our efforts are directed at helping individual victims. It is a well known public health doctrine that no mass disorder afflicting humankind has ever been eliminated or brought under control by treatment of affected individuals. Only successful efforts at primary prevention reduce the rate of distress in the future."

-Dr. George Albee

All trainings, consultation
and resources are provided at

NO COST

to Virginia campuses.

For more information or to
request training or consultation:

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CampusSuicidePreventionVA.org

The Campus Suicide Prevention Center of Virginia:

- 1. Collects essential data to guide planning and evaluation**
 - ◆ The Healthy Minds Study, a national survey that examines mental health issues among college students
- 2. Provides on-site and virtual trainings in prevention and intervention approaches for:**
 - ◆ Campus Mental Health Clinicians:
 - *Collaborative Assessment and Management of Suicidality (CAMS)**
 - ◆ Community "gatekeepers", natural helpers, and frontline caregivers:
 - *Applied Suicide Intervention Skills Training (ASIST)**
 - *SafeTALK**
 - *Mental Health First Aid (MHFA)**
- 3. Guides strategic planning for comprehensive suicide prevention on campuses**
 - ◆ Video series to guide campus teams in using a public health approach in suicide prevention work
 - ◆ Consultation with campuses to develop and implement policies, protocols, and programs
- 4. Promotes statewide intercampus collaboration between campus professionals**
 - ◆ Project ECHO for Campus Suicide Prevention—Biweekly learning community for a variety of campus professionals interested in supporting student mental health
 - ◆ ECHO provides real-time support in addressing individual campus concerns
- 5. Maintains an online library of resources on topics related to campus suicide prevention, including recent research and best practices.**

* A "Best Practice" program