

Mission

The Campus Suicide Prevention Center of Virginia **works to reduce risk for suicide in Virginia's college and university communities** by helping campus leaders to:

- ◆ Promote mental health and emotional resilience for all students;
- ◆ Enhance strategies for early identification of mental health concerns;
- ◆ Encourage help-seeking among students;
- ◆ Provide options for those in need of support services; and
- ◆ Respond effectively to individuals who may be at risk for suicide.

The Campus Suicide Prevention Center of Virginia provides training, consultation and prevention resources at **no cost** to all Virginia college and university campuses.

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CampusSuicidePreventionVA.org

SERVICES ARE FUNDED THROUGH A PARTNERSHIP OF:

The Substance Abuse and Mental Health Services Administration



The Division of Injury and Violence Prevention at the Virginia Department of Health



The Institute for Innovation in Health and Human Services at James Madison University.



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The **Campus Suicide Prevention Center** of **Virginia**



Comprehensive Planning to Reduce Risk for Suicide in Virginia's College and University Communities

CampusSuicidePreventionVA.org

SUICIDE PREVENTION

A Comprehensive, Public Health Approach



A COMPREHENSIVE, PUBLIC HEALTH APPROACH TO SUICIDE PREVENTION MEANS THAT WE:

- ◆ Enhance mental health and wellness for the entire campus community,
- ◆ Develop interdepartmental campus leadership,
- ◆ Use data to guide planning and evaluation,
- ◆ Use strategies in combination,
- ◆ Define problems and establish priorities,
- ◆ Utilize Best Practice principles and programs.

For more information on the use of this model or best practices in suicide prevention visit:

THE SUICIDE PREVENTION RESOURCE CENTER
www.SPRC.org

The Campus Suicide Prevention Center of Virginia provides:

1. On-site and regional training for:

- ◆ Campus Mental Health Clinicians
 - *Recognizing and Responding to Suicide Risk: Essential Skills for Clinicians**
 - *Suicide To Hope*
- ◆ Community “Gatekeepers”, natural helpers, and frontline caregivers:
 - *Mental Health First Aid**
 - *SafeTALK**
 - *Applied Suicide Intervention Skills Training (ASIST)**
- ◆ Campus Planners: Using a public health model to develop, implement and evaluate a comprehensive suicide prevention plan.

2. Support for collecting essential data

- ◆ The Healthy Minds Study, a national survey that examines mental health issues among college students
- ◆ A survey of campus needs and resources

3. An online library of resources on topics related to campus suicide prevention, for example:

- ◆ Protocols for supporting students in crisis
- ◆ Campus-based suicide postvention
- ◆ Legal issues in campus suicide prevention
- ◆ Resources for supporting the needs of special populations

4. Opportunities for collaboration between campus planners

- ◆ Multi-campus collaboration through the ECHO Project

5. Consultation and guidance in comprehensive suicide prevention planning

6. Updates in research and best practices

* A “Best Practice” program

“We are on a treadmill to nowhere if all our efforts are directed at helping individual victims. It is a well known public health doctrine that no mass disorder afflicting humankind has ever been eliminated or brought under control by treatment of affected individuals. Only successful efforts at primary prevention reduce the rate of distress in the future.” -Dr. George Albee