



The **Campus Suicide  
Prevention Center**  
of **Virginia**

# Project ECHO for Campus Suicide Prevention

August 31, 2021

What the Campus Suicide Prevention Center of  
Virginia Has to Offer Your Campus

Jane Wiggins, Ph.D.

Suicide Prevention Week Discussion

Danette Gibbs, Ph.D.

The Campus Suicide Prevention Center of Virginia Project ECHO team:  
Jane Wiggins, Ph.D., Danette Gibbs, Ph.D., Gabriel Anderson, M.S.

Project ECHO® for Campus Suicide Prevention is part of the larger ECHO educational community that was created by the University of New Mexico's Health Sciences Center

In order to support Project ECHO®, we collect the following participation data:  
Participant's name, e-mail, credentials, role, and institution

These data allow Project ECHO® to measure, analyze, and report on the movement's reach. It may be used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives.

# Data Collection



Logging on as an ECHO<sup>®</sup> participant through Zoom serves as permission to be included in the reporting and to be recorded. Each session is recorded, stored, and made available to other ECHO participants.

We will record the introduction and didactic portions of our sessions

We will NOT record case presentations

Portions of sessions will be recorded



1. Overview of ECHO® session (12:00 pm)
2. Introductions (12:05)
3. Didactic Presentation (12:15 pm)
4. Case presentation (12:50 pm)
  - A. Case presented (5 min)
  - B. Clarifying questions
    - a. ECHO® participants
    - b. CSPCVA hub
    - c. Case summary by ECHO® discussion leader
  - C. Recommendations
    - a. ECHO® participants
    - b. CSPCVA hub
    - c. Summary of recommendations by ECHO® discussion leader
5. Closing remarks and questions (1:25 pm)

What Does an  Session Look Like?



# Participation Tips

- All participants are muted during the presentation.
- If you have a question or comment during discussions, please raise your hand. We will call on you. Press your space bar to talk.
- We encourage participation.*** (Reminder: participation is recorded.)
- If you called with a phone to hear the audio, hit \*6 to unmute yourself.
- For technical problems (such as echoing, audio level etc.), use the chat function to contact our IT specialist, Gabe Anderson, who will assist.

# CE Credits

for Project ECHO for Campus Suicide Prevention will be available through James Madison University.

(see Project ECHO syllabus or website for more info)

# Protecting Privacy



Identifying  
Information

# Introductions





The Campus Suicide  
Prevention Center  
of Virginia

# What the Campus Suicide Prevention Center of Virginia Has to Offer Your Campus



# Who we are

- Opened in 2009
- Serve 72 institutions
- Funded through SAMHSA and VDH
- Promote “Comprehensive Planning”

# Taking a Comprehensive Approach to Suicide Prevention

Multiple strategies

Multiple campus stakeholders

Collecting data (and using data to guide planning whenever possible)



# Resources and Services we Provide

# Trainings

## Trainings We Provide



**ASIST**



Suicide to Hope  
Recovery and Growth Workshop



**safeTALK**



**MENTAL  
HEALTH  
FIRST AID®**

The American Association of Suicideology Presents



**Recognizing & Responding to Suicide Risk:  
Essential Skills for Clinicians (RRSR)**

## Online Trainings



# Applied Suicide Intervention Skills Training

The most widely used intervention skills training in the US.  
2-day intensive, interactive and practice-dominated  
Caregivers learn basic, “first aid” suicide intervention skills.

**Fall and winter courses now being scheduled**

For more information  
contact Jane Wiggins at [wigginjr@jmu.edu](mailto:wigginjr@jmu.edu)

# CAMS Training

(Collaborative Assessment and Management of Suicidality)

3-hour online asynchronous course

For counseling professionals

Contact Jane - [wigginjr@jmu.edu](mailto:wigginjr@jmu.edu)

# The American Association of Suicidology

## College and University

### Suicide Prevention Accreditation Program

Best and evidence-based suicide prevention practices

Risk factors and warning signs for college and university students

How to assess young adults at risk

Confidentiality

Prevention and postvention principles

Self-injury

How to re-integrate a student after a suicide attempt

Dealing with traumatic loss

Contagion and cluster

Litigation outcomes

**15 slots available**

**Self-study, self paced course**

**Email us for details about the application process**



# Project ECHO

## Fall 2021 schedule:

8/31- What the Center Has to Offer Your Campus

9/14- Supporting the Mental Health of Incoming Students

9/28- Case Management on Campus

10/12- Student Athlete Mental Health

10/26- Review of Landmark Legal Cases Related to Student Mental Health Crises

11/9- What Does Being Trauma-Informed Mean?
























11/30- Crisis Transformation Work in Virginia: Upcoming Changes You Need to Know



**CASE  
PRESENTATIONS**

# The Policy Library

My files > Policy Library (Unique Policies are Marked with a '#' Sign)

 Name ▾	Modified ▾	Modified By ▾	File size ▾	Sharing
 ++Best Practice Guides++	May 22, 2020	Gibbs, Danette - gibbs...	17 items	 Shared
 Alcohol and Drug Policies	May 25, 2020	Anderson, Gabe - and...	73 items	 Shared
 Counseling Center Scope of Service	May 25, 2020	Anderson, Gabe - and...	25 items	 Shared
 Disability Services Policies	May 25, 2020	Anderson, Gabe - and...	87 items	 Shared
 FERPA Policies and Notifications	May 25, 2020	Anderson, Gabe - and...	65 items	 Shared
 Parental Notification Policies	May 5, 2020	Anderson, Gabe - and...	13 items	 Shared
 Post Hospitalization Procedures	May 19, 2020	Anderson, Gabe - and...	2 items	 Shared
 Psychiatric Services	June 8, 2020	Anderson, Gabe - and...	5 items	 Shared
 Suicide and Violence Prevention (incl. BAT ...	May 25, 2020	Anderson, Gabe - and...	44 items	 Shared
 Weapons Policies	May 4, 2020	Anderson, Gabe - and...	45 items	 Shared
 Withdrawal and Leave of Absence Policies	May 25, 2020	Anderson, Gabe - and...	48 items	 Shared

# The Comprehensive Planning Video Series

 Search[About](#)[Contact](#)[Site Map](#)

The **Campus Suicide Prevention Center** of Virginia

CRISIS TEXT LINE |

NATIONAL  
**SUICIDE**  
PREVENTION  
LIFELINE

8255  
1 (800) 273 TALK

## Comprehensive Planning Video Series

**Module 1: What is Comprehensive Suicide Prevention?**

**Module 2: Building a Team**

Module 3: Strategic Planning for Suicide Prevention

Module 4: Improving Identification and Assistance

Module 5: Increase Help-Seeking

Module 6: Responding to Crises

Module 7: Effective Care and Treatment

Module 8: Supporting Care Transitions

**Module 9: Reducing Access to Means**

**Module 10: Postvention**

Module 11: Connectedness and Belongingness

Module 12: Life Skills and Resilience



*(Photo Courtesy of William & Mary/opens new window)*

# The Website



# Individual or Campus-specific Consultation and Collaboration



**Questions?**

**National Suicide  
Prevention Week  
(Sept. 5 – 11)**

**&**

**World Suicide  
Prevention Day  
(Sept. 10)**

What are your goals for this week/day?

What plans do you have?

What have you done (or seen) before that has worked well?

What have you done (or seen) before that has NOT worked well?

What ideas/dreams do you have that you haven't yet put into action?

# Check your Inbox:

- Evaluation form link
- Link to video of today's didactic and PowerPoint
- Additional Resources
- Case presentation form link





**Thanks for your participation!**

**We hope to see you next time!**

**Supporting the Mental Health  
of Incoming Students**

**Tuesday, Sept. 14, 2021 (12-1:30 PM)**

