

Project ECHO for Campus Suicide Prevention Spring 2023

Instructors: Dr. Danette Gibbs and Dr. Jane Wiggins and Tara Nunley

Phone: 540-568-5937 (Gibbs)

E-mail: gibbsdc@jmu.edu; wigginjr@jmu.edu; nunleyts@jmu.edu

Class Time: Bi-weekly, Tuesdays 12-1:30 PM

Location: Zoom (online)

Course Description: Education about comprehensive suicide prevention/intervention and mental health promotion in higher education, focusing on strategic planning, methods used, research findings, ethics and legal expectations, and other topics of interest to participants. Approximately half of workshop time will be spent in case-based learning, with participants sharing specific challenges faced in doing the work on their campus and seeking input from all workshop participants.

Course Objectives: Participants will:

1. Have a working knowledge of the elements of a comprehensive model of suicide prevention.
2. Be familiar with resources available for campus based suicide prevention/intervention and mental health promotion.
3. Consider diverse, interdisciplinary solutions to challenging cases related to campus suicide prevention/intervention and mental health promotion.
4. Identify at least one area of growth for their institution/division in campus suicide prevention/intervention or mental health promotion.
5. Increase their familiarity with the latest research, trends, and topics in campus suicide prevention/intervention and mental health promotion.
6. Strategize for future suicide prevention and intervention work on their campus.

CEU Credits (optional): Participants can earn 5 or 6 hours towards CEU credit for their participation in our ECHO sessions. In order to receive credit for attending and CEUs, participants must be an active participant in at least four (4) sessions across the semester (e.g., presenting a case, asking questions, making suggestions and sharing insights with other participants). Participants must be present for the entirety of the session (1.5 hours, including the didactic, case presentations, and discussion) in order to receive credit for that day's session. Additionally, participants must complete a survey/evaluation after each session. **To earn the additional hour of credit (for 6 hours total), participants must present either a case for group discussion or volunteer to help present one of the didactics.

Attendance at more than four sessions is highly encouraged; however, we are unable to offer additional hours of CEU credit for attending more sessions this semester. Likewise, we cannot grant hours towards CEU credits for attending less than the minimum of four sessions (though we encourage anyone interested to attend whatever sessions they are able to attend).

Attendance: Participants may choose which sessions to attend, based on their interests and availability.

Confidentiality, FERPA, HIPAA, and Protected Health Information: All participants are expected to keep what's said in ECHO confidential. In all didactics, case presentations, and discussions, PHI and identifying information should be removed, and communications should be done in compliance with FERPA and HIPAA guidelines. The facilitators will address any violations of this policy directly, and repeated offenses may result in the participant being asked to leave the group.

Participants with Disabilities: If you have a disability and require accommodations, please contact us to discuss your learning needs.

Course Requirements and Class Schedule: *This schedule is subject to change based on the needs & interests of the group.*

Date	Didactic Topic
1/24	Building Connectedness and Belongingness on Campus
2/7	Cannabis Use in College Students
2/21	Understanding Psychiatric Hospitalization and How Campuses can Collaborate for Successful Outcomes
3/7	How to Engage Administrators on Student Well-Being (panel of administrators)
3/21	Supporting the Mental Health of International Students
4/4	Promoting Digital Well-Being (part 1)
4/18	Promoting Digital Well-Being (part 2)