Project ECHO for Campus Suicide Prevention Spring 2021

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Class Time: Bi-weekly, Tuesdays 12-1:30 PM
Location: Zoom (online)

Course Description: Education about comprehensive suicide prevention and intervention in higher education, focusing on strategic planning, methods used, research findings, ethics and legal expectations, and other topics of interest to participants. Majority of workshop time will be spent in case-based learning, with participants sharing specific challenges faced in doing the work on their campus and seeking input from all workshop participants.

Course Objectives: Participants will:

1. Have a working knowledge of the elements of a comprehensive model of suicide prevention.
2. Be familiar with resources available for campus based suicide prevention and intervention.
3. Consider diverse, interdisciplinary solutions to challenging cases related to campus suicide prevention and intervention.
4. Identify at least one area of growth for their institution/division in campus suicide prevention and intervention.
5. Increase their familiarity with the latest research, trends, and topics in campus suicide prevention and intervention.
6. Strategize for future suicide prevention and intervention work on their campus.

CEU Credits (optional): Participants can earn 5 or 6 hours towards CEU credit for their participation in our ECHO sessions. In order to receive credit for attending and CEUs, participants must be an active participant in at least four (4) sessions (e.g., presenting a case, asking questions, making suggestions and sharing insights with other participants). Participants must be present for the entirety of the session (1.5 hours, including the didactic, case presentations, and discussion) in order to receive credit for that day's session. Additionally, participants must complete a survey/evaluation after each session. **To earn the additional hour of credit (for 6 hours total), participants must present either a case for group discussion or volunteer to help present one of the didactics.

Attendance at more than four sessions is highly encouraged; however, we are unable to offer additional hours of CEU credit for attending more sessions this semester. Likewise, we cannot grant hours towards CEU credits for attending less than the minimum of four sessions (though we encourage anyone interested to attend whatever sessions they are able to attend).

Attendance: Attendance is optional. Participants may choose which sessions to attend, based on their interests and availability.

Confidentiality, FERPA, HIPAA, and Protected Health Information: All participants are expected to keep what's said in ECHO confidential. In all didactics, case presentations, and discussions, PHI and identifying information should be removed, and communications should be done in compliance with FERPA and HIPAA guidelines. The facilitators will address any violations of this policy directly, and repeated offenses may result in the participant being asked to leave the group.

Participants with Disabilities: If you have a disability and require accommodations, please contact us to discuss your learning needs.

Didactic Schedule: *This schedule is subject to change based on the needs & interests of the group.*

Date	Didactic Topic
1/19	Advocating for Mental Health and Prevention to Administration
2/2	Supporting Academic Success Among Students of Color
2/16	Wellness Recovery Action Planning
3/2	Enhancing Students' Sense of Belongingness
3/16	Spring Cleaning Your Website to Support Student Help-Seeking
3/30	Student Led Mental Health Organizations
4/13	Your Moving Mind: The Neuroscience of Stress Management through Movement
4/27	Introduction to the Comprehensive Planning Video Series

Each session will include time for group discussion of cases shared by attendees of challenges encountered on their respective campuses. Please consider sharing a relevant situation from your campus!